



FINANCIAL SUPPORT GUIDE



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Parental Support

Baby Bank

There are over 200 Baby Banks across the UK that help families who are struggling to afford the essentials they need for their young children, from beds and buggies, to toys and clothing.



Childcare Grant

The Childcare Grant can support you with childcare costs that you can apply for with Student Finance. You must be studying full time to receive this grant and have children under the age of 15, or under 17 if they have special educational needs.



Healthy Start

Healthy Start is an NHS scheme that was introduced to help families buy healthy food and milk. There are certain criteria you need to meet in order to apply for this scheme which you can find in this link:



Student Finance

For any of our students who receive Student Finance and who are experiencing any issues with this you can contact our Finance Team. They will be able to support you contacting SFE and receiving your instalment. You can contact them on:

AHE.Finance@ae.ac.uk

Disability Support Allowance

DSAs are grants provided by the Government to help pay the extra essential costs you may have while studying as a direct result of your condition. Funding can be provided towards equipment, non-medical help, travel and more:

[Disability Support Allowance](#). The Learning Support Team can offer further support with any adjustments needed to support your studies. Contact them at

AHE.LearningSupport@ae.ac.uk

Hardship Fund

This discretionary fund is to support those in times of significant financial crisis, where there have been unforeseen circumstances. If you are having financial difficulties or to apply for access to hardship funds available for students, please contact our Welfare Team on **AHE.Welfare@ae.ac.uk**

Save money on your energy bills

The Energy Saving Trust provides tips and advice for quick and easy ways to save energy, lower your bills and reduce your carbon footprint. Whether you are a homeowner, a private or social renter, a student, or you live with your parents, there are many things you can do. We're all responsible for the energy we use in our homes. Look at our quick tips by clicking on the click and see how you could save up to £564 a year* on your bills.

* England, Scotland and Wales savings are for a typical three-bedroom, gas-heated home in Great Britain, using a gas price of 10.3p/kWh and electricity price of 34.0p/kWh (based on Energy Price Guarantee October 2022). Water savings are based on

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With access to student-exclusive discounts at over 10,000 stores online and on the high street, Student Bean ID unlocks more student discounts than any other student ID card.



NIDA S

This is a free app which offers online and in-store discounts. Download the app and register using your university email address.



O M a

An official student discount card which offers 250+ discounts in the UK and abroad (ISIC). There is an annual cost or you can get a free membership for online use only. Register using your university email address at



A a P S

This entitles university students to half price Amazon Prime, Prime Video and Prime Reading

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Our expert Careers Team are available to provide in-depth advice and assistance with your career development. The team will tailor their support to your requirements; take advantage of their range of services and find out more at:

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If you love dogs why not consider being a dog walker or even dog sitting to receive a little bit of extra cash when it suits your availability. With Rover, all you need to do is create a profile and get this verified. Local dog owners can review accounts based on your location:

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If you are looking for some extra income but cannot commit to set hours or shifts, then Indeed Flex is a website that can help you in finding temporary work:

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Search for seasonal jobs abroad across a variety of career opportunities at:

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High Street

If you're looking for furniture and affordable ways to decorate your accommodation, whether its duvet covers or desks, Ikea has a range of ready to assemble furniture.

Freecycle

If you want to upcycle a piece of furniture, then have a look at Freecycle, where you can obtain items that people don't want for free.

Argos

Argos is known as the catalogue retailer in the UK, where you can purchase a range of things from tech, home, appliances, toys and much more.

Unikitout

If you're somebody who is moving away from home and are unsure as to what you need in student accommodation, Unikitout provide all the essentials you need to help you settle into your accommodation.



Clothing Shopping



Vinted is an app you can download or browse online to buy second-hand clothes, accessories, and other items. Save money and help the environment by buying preloved items at a cheaper price. You can sell your own clothes and items to make yourself a little extra cash.

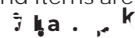


Depop is another online marketplace where you can buy second hand clothes and accessories. You can find designer or vintage items at cheaper prices as well as sell your own clothes if you wanted to make a little bit more extra money.



Ebay

Ebay is an online marketplace where you can buy a range of different items including clothes, furniture and technology. New and second-hand items are listed plus find huge discounts to support you in shopping savvy.



Food



OLIO

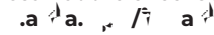
OLIO is a great way of sharing, giving away and getting things from your local community for free. Download the app to see what is available in your local community.



ASDA



Asda has a rewards scheme where you get rewards for spending. Download the app and scan at the checkout to unlock cashback you can receive on your purchases.



Lidl, P, A

Did you know that Lidl has a rewards app? Download the app to save with their weekly offers and gain rewards on your shopping.



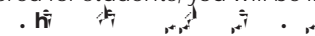
Tesco Clubcard

Tesco has a loyalty card that give you savings on a range of products when you scan your Clubcard at the checkout, as well as sending you money off coupons to help save on your shop.



Student Food Project

Have you heard of the Student Food Project? With quick, easy to make recipes tailored for students, you will be inspired to be more creative and eat well.



Tastecard

Tastecard is a paid yearly subscription giving you discounts on food, cinema tickets and days out at popular attractions. If you are somebody who enjoys eating out with friends and family, then Taste Card has some great savings.

